

Red Ribbon Week Itinerary

October 24-28, 2011

Monday: Christian Buckman will visit each classroom to introduce Red Ribbon Week and have all of the children and teachers sign a banner, as a pledge to stay away from drugs. She will also hand out stickers that say "WEAR RED DAY" in recognition of the week. Children were told this was a free dress down day with the option to make a donation to the Red Ribbon Coalition, founded by the wife of the executed DEA officer, Kiki Camarena.

Tuesday: The week will continue with another sticker day that claims "SMARTIES DON'T DO DRUGS". Along with the stickers each child will be given two individual packs of Smarties. As an in classroom activity the teacher can have the children break into teams. One team will open Smarties with bare hands, one at a time; while the other team has to wear a set of oven mitts. Then have the kids change teams and do it again, so they all have an opportunity to see how judgment is impaired while under the influence of drugs.

Wednesday: Today we will hand out pencils in the classrooms. The saying is significant. "Be a HERO drug free" is on one side. The other states "Help, Encourage, and Respect Others". Teachers can speak briefly on why this is important in today's society and how famous "role models" today do not always exemplify the role of HERO. Offer the children an opportunity to discuss positive and negative role models in class (if possible) and assign them an optional essay on "The Impact of Media and Our Role Models." Any student (6-8th grade), who hands the essay in by **Friday morning to the teacher**, will receive a bracelet or book mark. The top essay from each class will receive an award. Additionally Officer Fields, a DARE officer, will meet with the K-5th graders to cover making smart choices, which will be useful around Halloween.

Thursday: Today, the middle school will have a guest speaker, Dr. Patrick Cuzzo. He may be the friendly neighborhood orthodontist, but he also works closely with the Christian Fellowship of Athletes. He will talk about making healthy choices. Dr. Cuzzo will address the 6-8th graders.

Friday: We will have all of the children write letters to Officer Camarena's wife, and we will determine the recipients of the awards for the essay contest. We can also announce how much money we raised to send to their foundation.

In addition to the above mentioned activities we will offer games for the teachers to help reinforce the message of Red Ribbon Week.