

SWEAT *for a* CAUSE

ALPHA

FIT

CLUB



You're Invited!

Alpha Fit Club has invited the parents of the Saint James Community to take part in a private donation based class!

Alpha Fit Club is a premier group fitness concept that provides a fun and challenging circuit style workout.

Workout and help raise funds for our
Early Childhood Playground and Outdoor Education Space.

THURSDAY SEPTEMBER 16TH @ 8:15 AM

or

SUNDAY SEPTEMBER 19TH @ 10:45 AM

AFC RED BANK - 23 MAPLE AVENUE, RED BANK

\$25 suggested donation - cash or checks made payable to
Saint James Elementary School

RSVP to meg@alphafitclub.com by Friday, September 10th.

